

## **Book List for Suicide Prevention (K-12<sup>th</sup> grade)**

Love the World by Todd Parr (Love/Connection)

The Feelings Book by Todd Parr (Emotion Identification)

Friendship Quilt by Cecil Kim

I am Human: A Book of Empathy by Susan Verde

The Invisible Boy by Trudy Ludwig (Connection)

The Brand New Kid by Katie Couric (Connection)

We Are All Wonders by RJ Palacio (Acceptance)

B is for Breathe by Dr. Melissa Boyd (Coping Skills)

Bubble Gum Brain by Julia Cook (Growth Mindset)

Wilma Jean the Worry Machine by Julia Cook (Worrying/Anxiety)

Alphabreaths: The ABCs of Mindful Breathing by Christopher Williard

In My Heart by Jo Witek (About Feelings)

A Flicker of Hope by Julia Cook (Sadness/Depression)

I Can't Do that Yet by Eshter Pia (Growth Mindset)

Mr. Peabody's Apples by Madonna (Gossip)

I Am Enough by Grace Byers (Acceptance)

Amazing Grace by Mary Hoffman (Self-Love)

The Proudest Blue: A Story of Hijab and Family by Ibtihaj Muhammad (Cultural Identity)

### **LGBTQ Books:**

And Tango Makes Three by Justin Richardson (Diverse families – two dads)

Red: A Crayon's Story by Michael Hall (Being true to yourself and your identity)

Goblinheart by Brett Axel (Gender nonconformity)

Stella Brings the Family by Miriam B. Schiffer (Diverse families – two dads)

Heather Has Two Mommies by Leslea Newman (Diverse families- two moms)

It's Ok to Be Different by Todd Parr (Diversity)

10,000 Dresses by Marcus Ewert and Rex Ray (Gender Nonconformity)

Julian Is a Mermaid by Jessica Love (Gender Nonconformity)

I Am Jazz by by Jessica Herthel and Jazz Jennings (Gender Identity)

Pride: The Story of Harvey Mild and the Rainbow Flag by Rob Sanders (Historical LGBTQ book)